Great Hockham Primary School and Nursery – Asthma Record (Care Plan) 2022

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| **Child’s Full Name:** |
| **Child’s Date of Birth:** |
| **Parent/Guardian’s Full Name:**       |

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| **Telephone Numbers –****Home:****Work:****Mobile:** | **Doctor (GP) Name:**      **Doctor (GP) Telephone:**      **Asthma Nurse Name:** |

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| **Known triggers/allergies:**       | **Any other medical problems?:**       |

**My child’s medication:**

Reliever medication (usually blue)

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| --- | --- | --- | --- |
| **Medication Name:**(e.g. SALBUTAMOL) | **Device:** (e.g. diskhaler) | **Dose:**(e.g. 1 blister) | **When taken:**(e.g. when wheezy, before exercise) |
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**Other Medication:**

Most preventers can be taken outside of school hours – check with your GP or asthma nurse.

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| --- | --- | --- | --- |
| **Medication Name:** | **Device:**  | **Dose:** | **When taken:** |
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**Emergency Treatment:**

In the event of a severe asthma attack I am happy for my child to receive up to 10-20 puffs of the reliever (Salbutamol) inhaler via a spacer until they get further medical help (including the School Emergency Inhaler and spacer if required).

**Signed: (Parent/Carer)**       **Date:** **/  /**

**Key points for parent to remember:**

This record is for your school. Remember to update it if treatment is changed. Remember to check you have enough inhaler doses and that the inhaler is in date and labeled by the pharmacist with your child’s name and dosage details.

The section below is to be completed by school staff:

Has this child got a healthcare plan for any other condition?

 Yes (discuss with school nursing staff)

 No

Asthma record checked by asthma link person (Name):

Any concerns to be discussed with school health advisor/school nurse:

Signature:

Record of discussion date :   /  /

**Guidance on the use of emergency salbutamol inhalers in schools**

**WHAT TO DO IN THE EVENT OF AN ASTHMA ATTACK**

• Keep calm and reassure the child

• Encourage the child to sit up and slightly forward

• Use the child’s own inhaler – if not available, use the emergency inhaler

• Remain with the child while the inhaler and spacer are brought to them

• Immediately help the child to take two puffs of salbutamol via the spacer

• If there is no immediate improvement, continue to give two puffs at a time every two minutes, up to a maximum of 10 puffs

• Stay calm and reassure the child. Stay with the child until they feel better. The child can return to school activities when they feel better

• If the child does not feel better or you are worried at ANYTIME before you have reached 10 puffs, CALL 999 FOR AN AMBULANCE

• If an ambulance does not arrive in 10 minutes give another 10 puffs in the same way