
 <p>This is the main acronym we use to help children remember ways to stay safe</p>	<p>www.thinkuknow.co.uk</p> <p>Lots of great ideas and activities for families</p>	<p>https://www.nspcc.org.uk/globalassets/documents/advise-and-info/pants/pants-2018/pants-parents-guide-online.pdf This is a booklet for parents which supports our teaching of early healthy relationships education.</p> <p>The PANTS stands for:</p>  <p>acronym</p>	<p>https://www.internetmatters.org/parental-controls</p> <p>Use Parental Controls to Keep Your Child Safe NSPCC</p> <p>How to set up parental controls on all devices</p>
<p>Health Advice & Support for Children - Just One Norfolk</p> <p>A site with advice for all areas of life – really helpful for parents</p>	<p>https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/share-aware/</p> <p>How to talk to your child about online safety</p>	<p>https://www.net-aware.org.uk/#</p> <p>Parent guides Parent Zone</p> <p>Guides to help parents understand some of the more common sites and apps their children might use</p>	<p>Set up YouTube Kids –</p> <p>A site which will enable you to set up a Youtube channel for kids that should be free of harmful content</p>
<p>www.childline.org.uk</p> <p>A place for children to go to for help</p>	<p>www.CEOP.police.uk Official government site to report concerns. Useful for parents and older children</p>	<p>Water safety - RoSPA</p>	<p>Parents' leaflets NSPCC Learning</p> <p>Advice on a wide range of topics, from how to soothe a crying baby to dealing with divorce and separation</p>